



Chapman Mills **Dental**
We **love** to see you smile

Not sure? Ask us anytime!
613 - 823 - 4001



After Treatment Information

It is very common to experience some discomfort after routine dental treatment. Below is a list of some of the more frequently encountered symptoms that you may experience. Dr. Fayad or his staff may also outline to you other symptoms that you may experience after your specific treatment, in addition to those listed below.

Tooth Sensitivity

A tooth that has received dental treatment can be sensitive to cold for a few days to weeks and even months. Brushing with Sensodyne® or a similar anti-sensitivity dentifrice for several weeks can help alleviate this discomfort. If systems persist please notify the office.

Chewing Discomfort

When your tooth is anesthetized it becomes more difficult for you to find your "true" bite. Therefore, some minor adjustments may be necessary once the "freezing" has dissipated to adjust your bite to where it feels comfortable. If the bite is high, your tooth will become sore to chewing, and to hot and cold temperatures. Delaying tooth adjustments can lead to further discomfort, and leaves the tooth or restoration prone to fractures.

Gum Irritation

If treatment extends to the areas in between the teeth, then it is many factors, such as band or wedge placement, retraction cords, rubber dam or clamp, or chemical irritants. Rinsing with warm salt water several times a day for a few days, along with a mild analgesic such as Advil®, will help provide quicker relief. Proper brushing and flossing should be maintained unless otherwise specified.

Injection Soreness

If you required anesthetic for your dental treatment it is very common for the gum or inner cheek tissues to be uncomfortable and feel bruised. This discomfort will subside in just a few days usually.



www.chapmanmillsdental.com

"Our modern technology ensures
you are in good hands"

Dr. John Fayad

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Latex or Chemicals

Some people may experience an allergic reaction to latex that is found in most rubber dams used to isolate teeth. We try to identify those few individuals early during the initial exam to avoid exposure. Some people may not be aware of a latex allergy, and signs can include a red rash at the contact site that may be warm or itchy. Please advise the office if you think you may have an allergy to latex. Many dental materials are strong chemicals intended for use only on your teeth. If these materials splash on your skin, you may experience an intense burning or itchy sensation. We do our best to keep these reagents from contacting sensitive areas or your skin. Please advise the Doctor or his staff immediately if you feel any of these symptoms.

Extreme Sensitivity...

to Hot, Cold, Pressure, or Swelling: These symptoms could indicate that there may be some degree of nerve damage and the beginning of a tooth infection (abscess). Dental treatment does also place stress on the nerves of teeth and the nerves may not be able to recover. Tooth cracks and extensive decay, along with having large fillings initially, increase the risks for permanent nerve damage by bacterial penetration into the nerve chamber. Root canal therapy or extraction can resolve the extreme sensitivity or discomfort of a tooth, when all other possibilities have been examined and ruled out by the Doctor.

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